

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tieghem Kristof

Coaches: Lefever Elisa

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+							Heat:1, starttime: 14:00	
Heat: 1/2 Lane : 2 Athlete: VAN BRABANT BENJAMIN							Q-time: 03:09:54	
PB (25m pool): no time			PB (50m pool): 03:09.54 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:08
Heat: 1/12 Lane : 4 Athlete: DE DEYNE PAULIEN				Q-time: 01:36:62	
PB (25m pool): 01:36.62 Menen 01/05/2025			PB (50m pool): 01:22.53 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.62		01:36.62	
	00:44.62		00:52.00		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:10
Heat: 2/12 Lane : 7 Athlete: DEMAREST JAYDA				Q-time: 01:23:94	
PB (25m pool): 01:23.94 Torhout 06/12/2025			PB (50m pool): 01:22.24 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.82		01:23.94	
	00:39.82		00:44.12		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:14
Heat: 4/12 Lane : 4 Athlete: HOSTEN IRIS					Q-time: 01:12:91
PB (25m pool): 01:12.91 Ettelbruck 19/04/2026					PB (50m pool): 01:13.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.33		01:12.91	
	00:35.33		00:37.58		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:14
Heat: 4/12 Lane : 9 Athlete: DECAESTECKER OONA					Q-time: 01:15:26
PB (25m pool): 01:15.26 Zwevegern 31/05/2026					PB (50m pool): 01:13.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.09		01:15.26	
	00:36.09		00:39.17		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:19
Heat: 7/12 Lane : 2 Athlete: DECEUNINCK EMMA					Q-time: 01:08:34
PB (25m pool): 01:08.34 Ettelbruck 19/04/2026					PB (50m pool): 01:08.16 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.99		01:08.34	
	00:32.99		00:35.35		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:19
Heat: 7/12 Lane : 4 Athlete: VANDAMME BRITT					Q-time: 01:07:73
PB (25m pool): 01:07.73 Zwevegern 31/05/2026					PB (50m pool): 01:09.15 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.84		01:07.73	
	00:33.84		00:33.89		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:21
Heat: 8/12 Lane : 1 Athlete: GHEKIERE JUNE					Q-time: 01:06:82
PB (25m pool): 01:06.82 Ettelbruck 19/04/2026			PB (50m pool): 01:07.93 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.25		01:06.82	
	00:32.25		00:34.57		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:24
Heat: 10/12 Lane : 5 Athlete: DELPORTE ELLE					Q-time: 01:02:99
PB (25m pool): 01:02.99 Ettelbruck 19/04/2026			PB (50m pool): 01:03.22 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.19		01:02.99	
	00:30.19		00:32.80		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:25
Heat: 11/12 Lane : 0 Athlete: NOTREDAME INE					Q-time: 01:02:82
PB (25m pool): 01:02.82 Zwevegern 11/05/2025			PB (50m pool): 01:04.22 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.64		01:02.82	
	00:30.64		00:32.18		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 14:27
Heat: 12/12 Lane : 1 Athlete: MIGOM LOBKE					Q-time: 00:59:36
PB (25m pool): 00:59.36 Zwevegern 31/05/2026			PB (50m pool): 01:01.38 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.58		00:59.36	
	00:28.58		00:30.78		
					

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:29	
Heat: 1/11 Lane : 1 Athlete: T´JONCK MATHIJS							Q-time: 03:52:62	
PB (25m pool): 03:52.62 Diksmuide 12/10/2025				PB (50m pool): 03:37.63SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:57.07		01:55.56		03:02.06		03:52.62
	00:57.07		00:58.49		01:06.50		00:50.56	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:41	
Heat: 4/11 Lane : 8 Athlete: MOERMAN JASPER							Q-time: 03:03:59	
PB (25m pool): 03:03.59 Diksmuide 12/10/2025				PB (50m pool): 02:58.21 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.24		01:29.46		02:22.14		03:03.59
	00:44.24		00:45.22		00:52.68		00:41.45	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:6, starttime: 14:48	
Heat: 6/11 Lane : 9 Athlete: STAELEN QUINTEN							Q-time: 02:51:89	
PB (25m pool): 02:51.89 DIKSMUIDE 30/11/2025				PB (50m pool): 02:52.80SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.06		01:21.63		02:12.07		02:51.89
	00:37.06		00:44.57		00:50.44		00:39.82	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:10, starttime: 15:01	
Heat: 10/11 Lane : 4 Athlete: SALOMEZ HAAKON							Q-time: 02:19:57	
PB (25m pool): 02:18.00 Zwevegem 30/04/2023				PB (50m pool): 02:23.23SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:18.00
	no time							
								

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:10, starttime: 15:01	
Heat: 10/11 Lane : 8 Athlete: VANDAMME LUCAS							Q-time: 02:24:35	
PB (25m pool): 02:24.35 Ettelbruck 19/04/2026				PB (50m pool): 02:29.28 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.76		01:11.17		01:51.37		02:24.35
	00:32.76		00:38.41		00:40.20		00:32.98	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:11, starttime: 15:04	
Heat: 11/11 Lane : 3 Athlete: THYVELEN WOUT							Q-time: 02:12:91	
PB (25m pool): 02:11.22 Ettelbruck 21/04/2024				PB (50m pool): 02:16.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:11.22
	no time							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:11, starttime: 15:04	
Heat: 11/11 Lane : 8 Athlete: DELPORTE NIO							Q-time: 02:16:14	
PB (25m pool): 02:16.14 Ettelbruck 19/04/2026				PB (50m pool): 02:18.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.40		01:06.14		01:44.98		02:16.14
	00:30.40		00:35.74		00:38.84		00:31.16	
								

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 15:07
Heat: 1/4 Lane : 4 Athlete: DEJONCKHEERE FLOOR				Q-time: 01:40:61	
PB (25m pool): 01:40.61 Diksmuide 09/03/2025			PB (50m pool): 01:37.01 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.93		01:40.61	
	00:46.93		00:53.68		
					

Coach feedback:

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Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 15:09
Heat: 2/4 Lane : 2 Athlete: HOORNE ELISE					Q-time: 01:32:03
PB (25m pool): 01:32.03 Diksmuide 08/02/2026			PB (50m pool): 01:37.00 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.34		01:32.03	
	00:43.34		00:48.69		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 15:13
Heat: 4/4 Lane : 2 Athlete: CASTELEYN YANA					Q-time: 01:21:14
PB (25m pool): 01:21.14 Ettelbruck 19/04/2026			PB (50m pool): 01:22.36 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.64		01:21.14	
	00:38.64		00:42.50		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 15:13
Heat: 4/4 Lane : 3 Athlete: DEMAREST HAILEY					Q-time: 01:20:61
PB (25m pool): 01:20.61 Diksmuide 09/03/2025			PB (50m pool): 01:21.35 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.88		01:20.61	
	00:37.88		00:42.73		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 15:13
Heat: 4/4 Lane : 5 Athlete: EECKHOUT FLEUR					Q-time: 01:15:53
PB (25m pool): 01:15.53 Gent 09/11/2025			PB (50m pool): 01:20.15 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.67		01:15.53	
	00:34.67		00:40.86		
					

Coach feedback:

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Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 15:45	
Heat: 2/4 Lane : 0 Athlete: THYVELEN RUNE							Q-time: 02:48:18	
PB (25m pool): 02:48.18 Ettelbruck 19/04/2026				PB (50m pool): 02:49.34SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.47		01:25.00		02:07.39		02:48.18
	00:41.47		00:43.53		00:42.39		00:40.79	
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 15:45	
Heat: 2/4 Lane : 5 Athlete: VANHAECKE LOWIE							Q-time: 02:38:88	
PB (25m pool): 02:38.88 Ettelbruck 19/04/2026				PB (50m pool): 02:41.42 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.53		01:18.75		01:59.82		02:38.88
	00:37.53		00:41.22		00:41.07		00:39.06	
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:4, starttime: 15:52	
Heat: 4/4 Lane : 1 Athlete: EECKHOUT SIEBEN							Q-time: 02:15:55	
PB (25m pool): 02:15.55 Diksmuide 09/03/2025				PB (50m pool): 02:21.19 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.26		01:06.53		01:41.27		02:15.55
	00:32.26		00:34.27		00:34.74		00:34.28	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+										Heat:1, starttime: 16:14	
Heat: 1/9 Lane : 5 Athlete: T´JONCK MATHIJS										Q-time: 00:50:00	
PB (25m pool): no time					PB (50m pool): 00:50.00SB: no time						
	2 5 M		5 0 M								
PB			no time								
	no time										
											

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:17
Heat: 3/9 Lane : 6 Athlete: MOERMAN JASPER			Q-time: 00:41:24
PB (25m pool): 00:41.24 Diksmuide 28/12/2025			PB (50m pool): 00:41.89 SB: no time
	2 5 M	5 0 M	
PB		00:41.24	
		00:41.24	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 16:21
Heat: 7/9 Lane : 7 Athlete: VAN BRABANT BENJAMIN			Q-time: 00:30:87
PB (25m pool): 00:30.87 DIKSMUIDE 30/11/2025			PB (50m pool): 00:29.70 SB: no time
	2 5 M	5 0 M	
PB		00:30.87	
		00:30.87	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 16:23
Heat: 9/9 Lane : 7 Athlete: THYVELEN WOUT			Q-time: 00:27:11
PB (25m pool): 00:27.11 DIKSMUIDE 30/11/2025			PB (50m pool): 00:27.29 SB: no time
	2 5 M	5 0 M	
PB		00:27.11	
		00:27.11	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:1, starttime: 16:25
Heat: 1/3 Lane : 3 Athlete: HOSTEN IRIS			Q-time: 00:39:14
PB (25m pool): 00:39.14 Ettelbruck 19/04/2026			PB (50m pool): 00:40.03 SB: no time
	2 5 M	5 0 M	
PB		00:39.14	
		00:39.14	
			

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 16: 50M BACKSTROKE WOMEN 13+							Heat:3, starttime: 16:28	
Heat: 3/3 Lane : 0 Athlete: DELPORTE ELLE							Q-time: 00:32:50	
PB (25m pool): 00:32.50 Diksmuide 28/12/2025							PB (50m pool): 00:32.94SB: no time	
	2 5 M		5 0 M					
PB			00:32.50					
			00:32.50					
								

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+						Heat:3, starttime: 16:28	
Heat: 3/3 Lane : 1 Athlete: NOTREDAME INE					Q-time: 00:32:37		
PB (25m pool): 00:32.37 Ettelbruck 20/04/2025						PB (50m pool): 00:33.32 SB: no time	
	2 5 M		5 0 M				
PB			00:32.37				
			00:32.37				
							

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+							Heat:3, starttime: 16:28	
Heat: 3/3 Lane : 6 Athlete: MIGOM LOBKE							Q-time: 00:31:49	
PB (25m pool): 00:31.50 DIKSMUIDE 30/11/2025							PB (50m pool): 00:32.50 SB: no time	
	2 5 M		5 0 M					
PB			00:31.50					
			00:31.50					
								

Coach feedback:

Event number: 17: 4x50M FREESTYLE MEN 11+				Heat:2, starttime: 16:53			
Heat: 2/2 Lane : 2 Athlete: TEAM ZB 1				Q-time: 01:47:16			
PB (25m pool):		PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:59	
Heat: 2/2 Lane : 3 Athlete: TEAM ZB 1							Q-time: 01:55:57	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: